



524 Plasters Avenue
Atlanta, GA 30324
404/877-0005
www.atlantadanceandmusic.com

Our Mission: Quality, artistic education and personal growth in an inclusive learning environment.

CHILDREN'S CLASS DESCRIPTIONS

Season Begins August 14th

Descriptions show suggested age guidelines; however, children are carefully evaluated and placed individually.

CHILDREN'S BALLET PROGRAM - A performing Art combining poses and steps with flowing movement. Using technique as a liberating force, each student is encouraged to express their individual strengths and personality through dance.

Preschool Division

- **Level A1** – A dance awakening class for potty-trained 2 ½ – 3 ½ year olds, introducing young children to the joys of movement and music through dance, tumbling, percussion and imaginative play. Recommended one class per week.
-
- **Level A** – A pre-ballet class for 3 ½ - 5 year olds that will introduce children to more formalized movement and initial ballet postures through the use of organized play. Recommended one class per week.
- **Level B** – Ballet Class for 5 and young 6 year olds that presents the primary curriculum, expanding on the initial postures and movement from Level A. Now is the time to learn to do everything with a little more care, but with just as much enjoyment. Recommended one class per week.
- **Level C** – Ballet Class for children who are 6 years old as of August and who have reached the appropriate physical development. Additional elements to the Level B curriculum will help prepare students for the Primary Division. Recommended one class per week.

Primary Division

- **Level I** – The young dancer ages 7- 12 years old will begin to work through the class like a professional dancer. The exercises are divided into two parts – those taken at the *barre* and those in the centre. Required two classes per week.
- **Level II** – This level is for children who have accomplished the elements of Level I. Level II introduces more exercises at the *barre* and a larger vocabulary of movement in the centre. Required two classes per week.

Secondary Division

- **Level III** – For those students who have accomplished the elements of Level II, this class will introduce pirouettes and pre-pointe exercises and will develop the strength required for more mature dance technique. There will be additional performing opportunities at this level. Required two classes per week, three classes per week very highly recommended.
- **Level IV** – For students who have advanced in the elements of Level III including pre-pointe. The curriculum requires the strength gained from more mature physical development and will progress towards more complex choreography and a substantial increase in pointe work. There will be additional performing opportunities at this level. Required three classes per week as well as one alternate discipline.
- **Level V** – Additional technique classes added to Level IV curriculum and increased pointe work and variations.

MODERN PROGRAM

CREATIVE DANCE – An open level recreational modern dance class designed to lead students through an exploration of free-flowing movement and to inspire students with the joy of dance. Appropriate for 7-11 yr olds.

MODERN DANCE /Int – Using the Horton Technique of Modern dance this class develops the body as an instrument of movement.

MODERN DANCE/Adv – This Horton Technique class will use more advanced modern dance elements and choreography. Enrollment in secondary division ballet or at least two technique classes of any discipline per week required.

JAZZ/HIP HOP PROGRAM

JAZZ/HIP HOP I – An open level recreational dance class exposing students to jazz technique and elements of contemporary jazz and hip hop choreography, appropriate for 7-10 year olds.

JAZZ/HIP HOP II – An open level recreational dance class exposing students to jazz technique and elements of contemporary jazz and hip hop choreography for 11-16 year olds.

CONTEMPORARY JAZZ III – An intermediate level jazz class aimed at exposing students to a more broad range of jazz vocabulary, developing an increased technical awareness by focusing on strength/flexibility, agility, syncopation and choreographic memory. Enrollment in the Secondary Division Ballet course and/or the Modern Dance course is required.

CONTEMPORARY JAZZ IV – An intermediate-advanced level jazz class integrating elements from various popular and introducing more complex leaps and turns associated with contemporary jazz technique. This class aims to enhance the students' expressive performance experience. Enrollment in the Secondary Division Ballet and/or the Modern Dance course is required.

OTHER DISCIPLINES

SALSA - A popular form of social dance that originated in the Caribbean with origins in Cuban Son, cha-cha-cha, mambo and other dance forms, taught appropriately for children.

SALSA TEAM – A performance team class for those students interested and enrolled in Salsa class.

TAP – Basic tap moves and percussive dance appropriate for 6-11 year olds

TEEN TAP – Tap moves and percussive dance appropriate for teens.